



MINUTES

SENIOR ADVISORY BOARD
Monday, April 20, 2009, 10:00 a.m.

City Hall Conference Room
*4000 Main Street * Rowlett, Texas 75088*

Present: Bobbie Jo Kelly, Clarence James, Janet Loper, Susan Turek, Fred Cares
Absent: Bobby Wright, Bob Landrum, Ruth James, Ceaser Hancock
Guests: Larry & Gaylyn Beckham, Linda "Penny" Prieto, Marvin Overstreet, Verla Marquardt, Greta Fichthorn, Ken Middaugh
Staff: Tim Hightshoe, Interim Parks Director; Jennifer Gomez, Interim Parks Manager & Special Events Coordinator; Heath Olinger, Recreation Division Manager

1. The meeting was called to order at 10:03 am by the Chair.
2. Clarence James served as a voting member in the absence of a quorum.
3. The minutes from the March 16, 2009 meeting were unanimously approved after a motion by Janet Loper and a second by Susan Turek.
4. City Manager Lynda Humble spoke to the Board to assure the Board that seniors are important, and staff will be preparing cradle to the grave programming. She would like to return to visit with the Board in three months. Bobbie Jo Kelly asked for a published list of addresses and email addresses of seniors in Rowlett, and the City Manager indicated that a waiver to publish senior information would be necessary from each person included if the city is to own the list. The waiver form could possibly be placed on the website. The waiver form will be sent to Bobbie Jo Kelly and Larry Beckham via email so they can transmit it to their senior groups. If the seniors compile the list for their own ~~for their own~~ personal use, waivers would not be required by the City.
5. A list provided by Bobbie Jo Kelly entitled "Some Things the Seniors in Rowlett Did not have a Year Ago" was reviewed to show the accomplishments over the past year for seniors.
6. Ben White, Economic Development Director, spoke to the Board about his contact with a developer. The city wants a mixed use development in the waterfront project. 2000 residential units are planned in the next 2-4 years, and he is working on a wide range of housing projects for the future, including reasonably priced apartment complexes with great amenities, duplexes, a nursing home, and a grand lodge connected by sidewalks. Ben indicated the trend is now leasing with an option to buy.

7. Heath Olinger updated the board on:

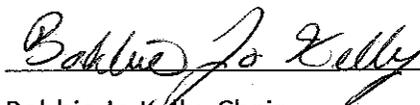
- Meals-on-Wheels program – Hope for a May start date as soon as the contract is signed. If volunteers are not available through the city's volunteer program, 2 members of staff can assist. Meals will be delivered Mondays & Friday for \$3.55 each.
- RCC computers for seniors.- Laptops are available each Friday from 8am-noon, and a few laptops will be placed at the library that can be checked out for use in the library.
- Senior age of "60" – 2nd meeting in May at the Council work session this matter will be considered.
- ADA letter on the RCC was distributed.
- Heath spoke with Irving supervisor about the joint conference.

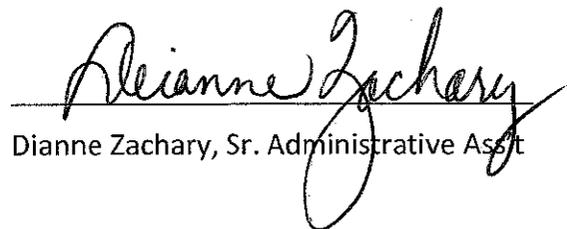
8. Report from subcommittees:

- Bob Landrum and Bobby Wright were absent.

Potential Grants for Senior Centers. Susan Turek was asked to begin chairing this sub-committee by Janet Loper, who submitted her letter of resignation from the board for work related reasons. +

9. Discuss potential senior mentoring with Rowlett businesses. (Ceaser Hancock) Tabled until Ceaser returns.
10. Goals will be tabled until next month's meeting following a motion by Bobbie Jo Kelly that was seconded by Janet Loper and approved unanimously.
11. There were 15 people at the senior computer class at the library. Excel classes will begin in May.
12. Public Announcement. Members of the Board and/or staff may make announcements of local civic events. No member of the board or commission may discuss nor take any action with regard to the announcements
- Memorial Day "Touch a Truck" on May 23.
 - Talent Show for senior fundraising will be the weekend of May 29-30th. Tickets are \$5.00 and there will also be a silent auction.
13. Members of the board may request topics for future agenda meetings. No member of the board or commission may discuss any of the requested subjects until such matter has been properly placed on a posted agenda.
14. Bobbie Jo made a motion to adjourn at 11:30 am that was seconded by Fred Cares. The vote was unanimous to adjourn.


Bobbie Jo Kelly, Chair


Dianne Zachary, Sr. Administrative Ass't

PERKINS ASSOCIATES

July 10, 2008

Ms. Jennifer Gomez
City of Rowlett
4701 Rowlett Road
Rowlett, Texas 75088

Re: ROWLETT COMMUNITY CENTER - 5300 Main Street, Rowlett, Texas 75088
P&A Project Number: PA920
EABPROJ: A4806670
Response Letter dated June 18, 2008 and Inspection performed April 21, 2008

CORRECTIVE MODIFICATIONS - NO VIOLATIONS

Dear Mr. / Ms.:

Your submittal regarding the referenced project has been reviewed. We are pleased to inform you that all items cited in the inspection report now appear to be in substantial compliance with the requirements of the Texas Government Code, Chapter 469.

The corrective modifications results will be forwarded to the Texas Department of Licensing and Regulation for issuance of the final approval letter. For newly constructed buildings and facilities, the Department will provide a Notice of Substantial Compliance (Certificate and Decal) to the owner upon receipt of a completed Notice of Substantial Compliance Request Form.

Please note, this determination does not address the requirements of the Americans with Disabilities Act (ADA) (P.L. 101-336), or any other state, local, or federal requirement. For information on the ADA, please contact the United States Department of Justice, Civil Rights Division at (202) 514-0301.

Please reference the Department assigned project number in all future correspondence pertaining to this project.

If you should have any questions, please call.

Sincerely,


Jolynn Meyer Perkins, RAS-0154

SOME THINGS THE SENIORS IN ROWLETT DID NOT HAVE A YEAR AGO

By Bobbie Jo Kelly, April, 12, 2009

Newsletter reinstated

Health Checks reinstated (thanks to Stan)

A room to use just for seniors at the Centre

Trips using Dart

Monthly lunch out

2 times a week coffee get together

Computer classes at the library for seniors

Weekly computer tutoring at the Centre for seniors (thanks to Larry Beckham's help)

A Crochet class (thanks to Dianne Shaw)

Additional games such as the bean bag toss (thanks to Dianne I think.)

A city council that even pretended to listen to seniors concerns

Movies for seniors at the library

An Economic Development Dept. Head willing to come to the Senior Advisory Board to talk about potential senior housing in Rowlett—Ben White will be speaking at the Sr. Adv. Bd. April 20th, 2009 and an Economic Dev. Staff member willing to talk to seniors at the Centre

A city manager that came to the Centre to speak to seniors and will be at the Senior Advisory Board to talk April 20, 2009

A mayor that came to the Centre to talk to seniors

Any discussion at all by the City Council and officials of a possible future Senior Centre Programs with speakers on various topics once a week (thanks to Larry)

Booth space at any of the city festivals

An Americans with Disabilities Act (ADA) inspection of the Centre

Use of a tax ID number to obtain goodie donations for meetings (donuts, etc., the business donating will get an official business tax deduction)

City officials agreement for seniors to try to obtain a nonprofit status entity to apply for grants to help furnish a senior centre

City officials agreement for seniors to advertise their activities on Chan. 16, on the city web site calendar, in a city E Blast, etc.

Agreement from the Chamber of Commerce to distribute senior resource information in their newcomers packets, etc. and the promise that the city design and printing department would print it for free

A FEW THINGS IN PLANNING STAGES

Meals on Wheels to be served at the Centre

Spanish for Gringos class (conversational Spanish) probably late summer or fall

Video Conference with the Irving Senior Advisory Board to get ideas (via Skypes)

More movies for seniors at the library in the fall

**RECREATION DIVISION
Senior Programming**

Cost Analysis of Senior Programs

For \$5, the following activities, shown with associated dollar values, are available to seniors.

Senior Programs	PARD Cost Per Participant for Annual Senior Activities
Holiday Luncheon	\$3
Senior Fitness	\$260
Bus Transportation 3 trips	\$25
RCC Membership	\$72
Senior Programs	\$5
TOTAL VALUE	\$365

To provide these services to seniors, the Parks and Recreation Department expends \$10,800 annually. These expenditures are detailed below.

Schedule	Total
Mondays (table talk)	\$400
Holiday Luncheons	\$1000
Senior Fitness Class	\$1200
Trips	\$4500
Free PACE class 8x a month. 2 annual certifications	\$1200
Senior Programs	\$2500
Health Checks by Denton County one a month	No Cost
Free Coffee and Donuts once a week	Negligible
Senior Socializing	No Cost
Bridge	No Cost
Total cost of services to seniors	\$10,800

Annual Revenue generated from current Rowlett Rockers passes is \$950. Senior activities cost the Parks and Recreation Department \$10,800 annually. With current fees, the department net subsidy is \$9,850 each year providing senior programs.

*Of the senior membership (952), 7% use the Programs associated with the membership. For a one year period, senior members generate 25,000 visits to the RCC, of which 1,751 were for senior programs and 1,010 were Rockers.